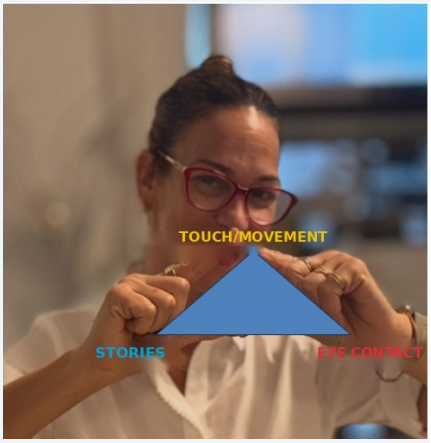
ALL SET TRIANGLE

Three small ingredients, one powerful connection

What turns an ordinary moment into a moment of development?

From the very beginning of life, babies learn about the world through their connection with the people closest to them. Looking, smiling, touching, moving, and sharing a story are everyday opportunities for communication, closeness, and learning.



Drawing on research from the Educational Neuroimaging Group (ENIG) at the Technion, led by Prof. Tzipi Horowitz-Kraus, we developed a simple, accessible model for parents: the ALL SET Triangle – three key ingredients to nurture in everyday interactions with your child.

SHARED STORIES | Let's discover together

Shared reading is much more than reading words aloud: we pause, point to pictures, ask questions, listen to responses, and develop the story together. This turns the child into an active partner in the conversation.

EYE CONTACT | I see you

Mutual gaze and shared attention help us share an experience, notice what interests the child, and connect what they see with the words they hear.

TOUCH & MOVEMENT | I'm here with you

Hugs, gentle touch, gestures, hand games, and imitating movements create moments of closeness and reciprocity. Let your child initiate, respond, and lead the play.

WHAT DOES THE SCIENCE SAY?

In our published article, we presented parent–child interaction as a multidimensional process. It includes, among other things, gaze and shared attention, movement, voice and speech, touch, and brain-to-brain synchrony. The key point is that no single measure tells the whole story – it is important to consider the full range of ways in which parents and children respond to and adapt to one another. Sharing a story is a natural opportunity to bring together eye contact, verbal communication, and movement.

YOU CAN START TODAY

Look at each other • Hug and play in motion • Open a book and share a story together

You don't need to be perfect parents or add another task to your day. It's enough to be present, attentive, and curious – and to enjoy the small moments together.

ALL SET TRIANGLE™

STORIES • EYE CONTACT • TOUCH/MOVEMENT

SCIENTIFIC BASIS: Horowitz-Kraus, T., & Gashri, C. (2023). Multimodal Approach for Characterizing the Quality of Parent–Child Interaction: A Single Synchronization Source May Not Tell the Whole Story. Biology, 12

Gashri, C., Talmon, R., Peleg, N., Moshe, Y., Agoston, D., Gavras, S., Fischer, A.G. and Horowitz-Kraus, T., 2025. Multimodal analysis of mother–child interaction using hyperscanning and diffusion maps. Scientific Reports, 15(1), p.5431.

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